



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Thorsten Ullrich-Stegemann (53y) 

has successfully competed in
Ice Swimming Volendam

zwembad De Waterdam Edam/Volendam

18-Jan-2020

Ice Mile in 25:17.73 minutes

Overall 1st / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 6.70°C, Wind Chill 5.00°C

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION