



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Albert Stienezen (54y)

has successfully competed in

Ice Swimming Volendam

zwembad De Waterdam Edam/Volendam 18-Jan-2020

1000m Freestyle in 15:58.44 minutes

Overall 3rd / Age Group (55-59y) 1st

Category Men

Open Water Course Water 6.70°C, Wind Chill 5.00°C

N-ICE Swim (>5°C)



Ram Barkai

IISA Chair

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION