



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Dominic Mudge (43y)



has successfully competed in National Ice Swimming Championships

> Wild Water Armagh 25-Jan-2020

1000m Freestyle in 15:11.81 minutes

Overall 1st / Age Group (40-44y) 1st Category Men

> Open Water Course Water 5.70°C, Wind Chill 5.00°C N-ICE Swim (>5°C)



Treland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION