



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Michael Smith (54y)

has successfully competed in

Open Dutch Championship / Green Heart Ice Swim

Reeuwijkse Hout, Bodegraven-Reeuwijk 01-Feb-2020

1000m Freestyle in 27:01.60 minutes

Overall 10th / Age Group (55-59y) 3rd

Category Men

Open Water Course Water 5.90°C, Wind Chill 8.50°C

N-ICE Swim (>5°C)



Ram Barkai IISA Chair

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION