



CERTIFICATE OF ACHIEVEMENT

This is to certify that

daiana farrer (33y) 

has successfully competed in

Amstel Ice Swim

Amsterdam, The Amstel

28-Dec-2019

100m Freestyle in 02:31.99 minutes

Overall 8th / Age Group (30-34y) 2nd

Category Women

Open Water Course

Water 5.30°C, Wind Chill -2.80°C

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION