



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Olive Conroy (20y)** 

has successfully competed in  
**IISA Ireland 1k National Championships**

Wild Water Armagh

26-Jan-2019

**200m Freestyle in 03:01.94 minutes**

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**Overall 1st / Age Group (18-24y) 1st**

**Category Women**

**Open Water Course**

**Water 4.90°C, Wind Chill 5.90°C**



  
**Ram Barkai**  
IISA Chair

*Ireland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION