



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Julie-Ann Somers (40y)

has successfully competed in

IISA Ireland 1k National Championships

Wild Water Armagh 26-Jan-2019

1000m Freestyle in 18:47.89 minutes

Overall 5th / Age Group (40-44y) 1st

Category Women

Open Water Course Water 4.90°C, Wind Chill 5.90°C



Ram Barkai IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION

Ireland Chair & Board

