



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Lukasz Tkacz (39y) 

has successfully competed in

Breast Stroke Polish Championships in Ice Swimming at the
50-m pool
Swietochlowice
01-Dec-2018


1000m Freestyle in 21:17.59 minutes

Overall 5th / Age Group (35-39y) 2nd
Category Men

Open Water Course

Water -0.02°C, Wind Chill -5.40°C




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION