



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Aleksandra BEDNAREK** (20y) 

has successfully competed in

Breast Stroke Polish Championships in Ice Swimming at the  
50-m pool  
Swietochlowice  
01-Dec-2018


1000m Freestyle in 15:04.46 minutes

Overall 2nd / Age Group (18-24y) 2nd  
Category Women

Open Water Course

Water -0.02°C, Wind Chill -5.40°C



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION