



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Grzegorz Mówiński (49y) 

has successfully competed in

Breast Stroke Polish Championships in Ice Swimming at the
50-m pool
Swietochlowice
01-Dec-2018


1000m Freestyle in 16:14.57 minutes

Overall 3rd / Age Group (45-49y) 1st
Category Men

Open Water Course

Water -0.02°C, Wind Chill -5.40°C




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION