



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Mark Thies** (49y) 

has successfully competed in  
**Dutch open ice swimming Volendam**  
Zwembad De Waterdam Edam/Volendam  
18-Jan-2019

**100m Freestyle in 07:17.51 minutes**

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Overall 2nd / Age Group (50-54y) 1st  
Category Men

Open Water Course  
Water 3.70°C, Wind Chill -6.20°C



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION