



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Theo van der Meer (53y)



has successfully competed in

Dutch open ice swimming Volendam

Zwembad De Waterdam Edam/Volendam 18-Jan-2019

500m Freestyle in 09:09.49 minutes

Overall 8th / Age Group (50-54y) 3rd Category Men

> Open Water Course Water 3.70°C, Wind Chill -6.20°C



Netherlands Chair & Board



TERNATIONAL ICE SWIMMING ASSOCIATION