



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Mark Thies (49y) 


has successfully competed in
Dutch open ice swimming Volendam
Zwembad De Waterdam Edam/Volendam
18-Jan-2019

500m Freestyle in 08:34.15 minutes

Overall 6th / Age Group (50-54y) 1st
Category Men

Open Water Course
Water 3.70°C, Wind Chill -6.20°C




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION