



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Theo van der Meer (53y)

has successfully competed in

Dutch open ice swimming Volendam

Zwembad De Waterdam Edam/Volendam 18-Jan-2019

Ice Mile in 31:48.37 minutes

Overall 7th / Age Group (50-54y) 2nd

Category Men

Open Water Course Water 3.70°C, Wind Chill -6.20°C



Ram Barkai

IISA Chair

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION