



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Marek Grzywa (43y) 

has successfully competed in
River Labe CZ Ice Swim

Hradec Kralove CZ

02-Dec-2018

1000m Freestyle in 19:34.00 minutes

Overall 6th / Age Group (40-44y) 3rd

Category Men

Open Water Course

Water 0.60°C, Wind Chill -0.50°C




Ram Barkai
IISA Chair

Czech Republic
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION