



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ram Barkai (55y)** 

has successfully competed in  
Tyumen ice swimming

Tyumen russia

16-Dec-2012

1000m Freestyle in 16:59.00 minutes

Overall 3rd / Age Group (55-59y) 1st


**WORLD RECORD - AGE GROUP**

Category Men

Open Water Course

Water 0.00°C, Wind Chill -33.00°C



  
**Ram Barkai**  
IISA Chair

*Russian Federation*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION