



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Paolo Chiarino (52y)** 

has successfully competed in  
**Antarctica Ice Swimming 2018**

Port Lockroy, Antarctica

23-Nov-2018

**1000m Freestyle in 14:15.85 minutes**

Overall 1st / Age Group (50-54y) 1st

Category Men

Open Water Course

Water -1.20°C, Wind Chill -7.60°C, Altitude 0m, 64.80° S



  
**Ram Barkai**  
IISA Chair

*Antarctica*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION