





## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kate Steels (49y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

50m Breaststroke in 00:46.79 minutes

Overall 7th / Age Group (50-54y) 2nd **Category Women** 

> Open Water Course Water 0.00°C, Wind Chill -6.30°C



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION