



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Barbara Hernandez (33y)** 

has successfully competed in  
IISA III World Champ Murmansk 2019 / I Arctic Cup 2019  
murmansk, seymonovskoe lake, Russia  
14-Mar-2019

100m Breaststroke in 01:46.68 minutes

Overall 9th / Age Group (30-34y) 1st

**WORLD RECORD - AGE GROUP**

**WORLD CHAMPION - AGE GROUP**

Category Women

Open Water Course

Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Ram Barkai  
IISA Chair

*Russian Federation  
Chair & Board*

