





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Mark Lautman (69y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

100m Breaststroke in 01:51.98 minutes

Overall 16th / Age Group (70-74y) 1st

WORLD RECORD - AGE GROUP

WORLD CHAMPION - AGE GROUP

Category Men

Open Water Course

Water 0.00°C, Wind Chill -6.30°C



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION