





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jaimie Monahan (39y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

50m Freestyle in 00:36.83 minutes

Overall 15th / Age Group (40-44y) 1st

WORLD CHAMPION - AGE GROUP

Category Women

Open Water Course Water 0.00°C, Wind Chill -6.30°C



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION