



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Tom Maydon** (39y) 

has successfully competed in

**IISA III World Champ Murmansk 2019 / I Arctic Cup 2019**

murmansk, seymonovskoe lake, Russia

14-Mar-2019

**200m Freestyle in 03:38.49 minutes**

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**Overall 18th / Age Group (35-39y) 3rd**

**Category Men**

Open Water Course

Water 0.00°C, Wind Chill -6.30°C



  
**Ram Barkai**  
IISA Chair

*Russian Federation*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION