





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Debbie Wayman (56y) ******

has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

500m Freestyle in 10:29.07 minutes

Overall 13th / Age Group (55-59y) 2nd **Category Women**

Open Water Course Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION