





## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kate Steels (49y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

500m Freestyle in 08:22.23 minutes

Overall 4th / Age Group (50-54y) 1st

WORLD RECORD - AGE GROUP

WORLD CHAMPION - AGE GROUP

**Category Women** 

Open Water Course

Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Ram Barkai **IISA** Chair

Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION