



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kate Steels (49y) 

has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, seymonovskoe lake, Russia

14-Mar-2019

500m Freestyle in 08:22.23 minutes

Overall 4th / Age Group (50-54y) 1st

WORLD RECORD - AGE GROUP


WORLD CHAMPION - AGE GROUP

Category Women

Open Water Course

Water 0.00°C, Wind Chill -6.30°C




Ram Barkai
IISA Chair

Russian Federation
Chair & Board

