



2019

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Martin Kuchenmeister (49y) =

has successfully competed in

## IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

1000m Freestyle in 16:56.94 minutes

Overall 31st / Age Group (50-54y) 4th

**Category Men** 

**Open Water Course** Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Ram Barkai

**IISA** Chair

Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION