



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Fergil Hesterman (25y) 🚍

has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

1000m Freestyle in 12:42.89 minutes

Overall 2nd / Age Group (25-29y) 1st

WORLD CHAMPION - AGE GROUP

Category Men

Open Water Course

Water 0.00°C, Wind Chill -6.30°C



Russian Federation Chair & Board



Ram Barkai IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION