





## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Elena Guseva (48y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

1000m Freestyle in 20:39.38 minutes

Overall 29th / Age Group (45-49y) 4th **Category Women** 

> Open Water Course Water 0.00°C, Wind Chill -6.30°C



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION