



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Michal Štengl** (40y) 

has successfully competed in

**IISA III World Champ Murmansk 2019 / I Arctic Cup 2019**

murmansk, semyonovskoe lake, Russia

14-Mar-2019

**1000m Freestyle in 16:56.96 minutes**


Overall 32nd / Age Group (40-44y) 11th

Category Men

Open Water Course

Water 0.00°C, Wind Chill -6.30°C



  
**Ram Barkai**  
IISA Chair

*Russian Federation*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION