



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Tobias Prüßner** (38y) 

has successfully competed in  
internationale Norddeutsche Eisschwimmmeisterschaften

Silbersee Langenhagen

07-Dec-2018

500m Freestyle in 07:47.06 minutes

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Overall 3rd / Age Group (35-39y) 1st

Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION