



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Conny Prasser (43y)** 

has successfully competed in  
internationale Norddeutsche Eisschwimmmeisterschaften

Silbersee Langenhagen

07-Dec-2018

1000m Freestyle in 20:30.15 minutes

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Overall 2nd / Age Group (40-44y) 1st

Category Women

Open Water Course

Water 0.00°C, Wind Chill 0.00°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION