



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Carsten Hilker (47y) 

has successfully competed in
internationale Norddeutsche Eisschwimmmeisterschaften

Silbersee Langenhagen

07-Dec-2018

1000m Freestyle in 28:00.22 minutes

Overall 4th / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION