



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Clare Nestor (57y) 

has successfully competed in
IISA GB Championships 2019

Hatfield Outdoor Activity Centre

05-Jan-2019

100m Freestyle in 02:41.03 minutes

Overall 10th / Age Group (55-59y) 1st

Category Women

Open Water Course

Water 5.50°C, Wind Chill 4.50°C

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION