



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sarah Wiseman (32y) 

has successfully competed in
IISA GB Championships 2019

Hatfield Outdoor Activity Centre

05-Jan-2019

1000m Freestyle in 22:41.00 minutes

Overall 12th / Age Group (30-34y) 2nd

Category Women

Open Water Course

Water 5.50°C, Wind Chill 4.50°C

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION