



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sebastian Engel (21y)



has successfully competed in

Ice Swimming Aqua Sphere German Open

Veitsbronn 04-Jan-2019

50m Breaststroke in 00:33.46 minutes

Overall 1st / Age Group (18-24y) 1st

WORLD RECORD

Category Men

Open Water Course Water 1.40°C, Wind Chill 2.00°C



Germany Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION