



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Conny Prasser (43y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn
04-Jan-2019

50m Freestyle in 00:35.50 minutes

Overall 5th / Age Group (40-44y) 1st


WORLD RECORD - AGE GROUP

Category Women

Open Water Course

Water 1.40°C, Wind Chill 2.00°C




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION