



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ailén Lascano Micaz (27y)** 

has successfully competed in  
**Ice Swimming Aqua Sphere German Open**

Veitsbronn  
04-Jan-2019

**200m Freestyle in 03:09.04 minutes**

Overall 7th / Age Group (25-29y) 2nd

Category Women

Open Water Course

Water 1.40°C, Wind Chill 2.00°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION