



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Chun Kong Mak (32y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn
04-Jan-2019

200m Freestyle in 02:43.60 minutes

Overall 3rd / Age Group (30-34y) 1st

WORLD RECORD - AGE GROUP

Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION