



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Chun Kong Mak (32y)** 

has successfully competed in  
**Ice Swimming Aqua Sphere German Open**

Veitsbronn  
04-Jan-2019

**1000m Freestyle in 16:48.00 minutes**

Overall 9th / Age Group (30-34y) 2nd  
Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION