



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kathrin Lammers (48y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn
04-Jan-2019

1000m Freestyle in 15:59.60 minutes

Overall 10th / Age Group (45-49y) 1st

Category Women

Open Water Course

Water 1.40°C, Wind Chill 2.00°C




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION