



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Irene van der Laan (58y)** 

has successfully competed in  
**Ice Swimming Aqua Sphere German Open**

Veitsbronn

04-Jan-2019

**1000m Freestyle in 17:06.70 minutes**

Overall 11th / Age Group (55-59y) 1st

Category Women

Open Water Course

Water 1.40°C, Wind Chill 2.00°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION