



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Martina Kopecká (46y)



has successfully competed in Polish Championship In Ice Swimming

> Katowice 12-Jan-2019

200m Freestyle in 07:09.00 minutes

Overall 4th / Age Group (45-49y) 1st **Category Women**

> Open Water Course Water 0.60°C, Wind Chill -4.60°C



Poland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION