



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Piotr Zwonek (51y)** 

has successfully competed in  
**Polish Championship In Ice Swimming**

Katowice

12-Jan-2019

**500m Freestyle in 13:54.00 minutes**


Overall 16th / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 0.60°C, Wind Chill -4.60°C



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION