



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Tom Maydon (38y) 

has successfully competed in
Lesotho Ice Swimming 2018

afriski, Lesotho, Africa

14-Jun-2018

500m Freestyle in 10:24.80 minutes

Overall 7th / Age Group (35-39y) 1st
Category Men

Open Water Course

Water 3.00°C, Wind Chill 5.00°C




Ram Barkai
IISA Chair

South Africa
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION