



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Samantha Whelpton (32y)** 

has successfully competed in  
**Lesotho Ice Swimming 2018**

afriski, Lesotho, Africa

14-Jun-2018

**1000m Freestyle in 14:44.96 minutes**

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Overall 1st / Age Group (30-34y) 1st

Category Women

Open Water Course

Water 3.00°C, Wind Chill 5.00°C



A stylized signature in black ink, consisting of the letters 'R', 'A', and 'B' intertwined.

**Ram Barkai**  
IISA Chair

*South Africa*  
*Chair & Board*

