



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Tom Maydon (38y) **>=**



has successfully competed in

Lesotho Ice Swimming 2018

afriski, Lesotho, Africa 14-Jun-2018

1000m Freestyle in 20:38.98 minutes

Overall 7th / Age Group (35-39y) 1st Category Men

> Open Water Course Water 3.00°C, Wind Chill 5.00°C



South Africa Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION