



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Paul Ramquet (65y) 

has successfully competed in
Ice Swim in Morocco

Aguelmam Azegza

19-Jan-2019

50m Breaststroke in 01:27.07 minutes

Overall 4th / Age Group (65-69y) 1st
Category Men

Open Water Course

Water 4.90°C, Wind Chill -1.80°C




Ram Barkai
IISA Chair

Morocco
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION