



CERTIFICATE OF ACHIEVEMENT

This is to certify that

parisis jean-louis marie (67y) 

has successfully competed in
Ice Swim in Morocco

Aguelmam Azegza

19-Jan-2019

100m Freestyle in 03:09.02 minutes

Overall 2nd / Age Group (65-69y) 1st

Category Men

Open Water Course

Water 4.90°C, Wind Chill -1.80°C




Ram Barkai
IISA Chair

Morocco
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION