



IISA

This is to certify that

Alain Courtois (50y)

has successfully competed in

Ice Swim in Morocco

Aguelmam Azegza 19-Jan-2019

100m Freestyle in 03:15.03 minutes

Overall 3rd / Age Group (50-54y) 1st

Category Men

Open Water Course Water 4.90°C, Wind Chill -1.80°C



Ram Barkai

IISA Chair

Morocco Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION