



IISA

This is to certify that

Tobias Hirst (32y) 😹

has successfully competed in

Ice Swim in Morocco

Aguelmam Azegza 19-Jan-2019

200m Freestyle in 03:49.05 minutes

Overall 1st / Age Group (30-34y) 1st

Category Men

Open Water Course Water 4.90°C, Wind Chill -1.80°C



Ram Barkai

IISA Chair

Morocco Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION