



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Adrian Sarchet (44y)** 

has successfully competed in  
**Ice Swim in Morocco**

Aguelmam Azegza

19-Jan-2019

**Ice Mile in 27:12.01 minutes**

Overall 3rd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 4.90°C, Wind Chill -1.80°C



  
**Ram Barkai**  
IISA Chair

*Morocco*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION